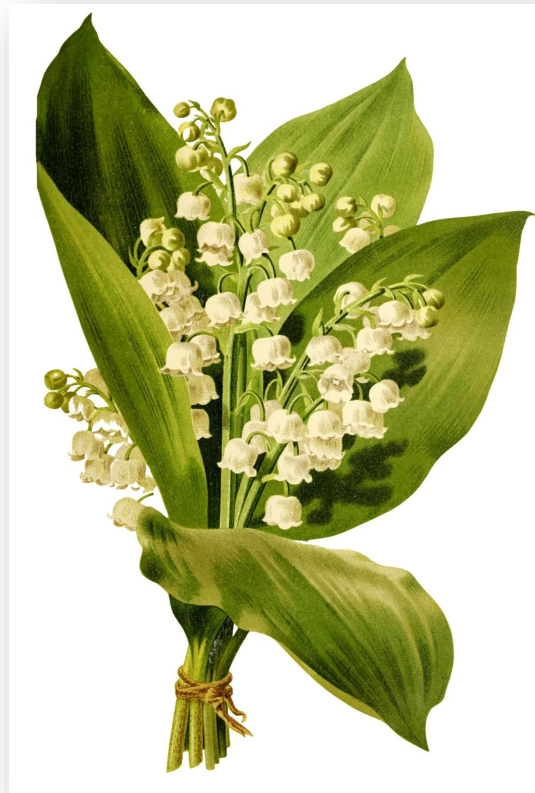


# MAY 2024



## Pomperaug Woods

*The Art of Living*

## Calendar & Highlights

**Days Of the Week  
At A Glance**

MAY 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12 Mother's Day	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27 Memorial Day	28	29	30	31	1

**Committee Meetings**

**Resident Council  
Monday, May 6 9:30 AM**

**Newsletter Meeting  
Monday, May 6 1:00 PM**

**Food Committee  
Thursday, May 9 11:15 AM**

**Library Committee  
Tuesday, May 21 10:00 AM**

**Wednesday 1**

**10:00 - RS - Blood Pressure Screening**

**11:00 - GR - Chair Exercise**

**11:30 - OUT TRIP - Lunch  
Bridgewater Café  
Bridgewater, CT**

**2:00 & 7:30 - CH 901  
Movie: John Steinbeck An  
American Writer**

**3:00 - PHL - Afternoon Tea**

*Let's Go Outside*

**Saturday, May 25  
2:00 PM**

*Music At the Pavilion With the...*



# May 1 -4

**Memorial Day  
Monday, May 27  
Picnic Under the Tent  
11:30 - 2:30**



*George Gershwin -  
Rhapsody in Blue  
100<sup>th</sup> Anniversary Concert  
Paul Bisaccia, piano*



**Friday  
May 24  
3:00 PM**

## Thursday 2

- 10:00 - AH - Current Events**
- 10:30 - CL - Technology Support w/ James**
- 10:30 - WH - Tai Chi w/ Vinny**
- 1:00 - WH - Private Event**
- 2:00 - GR - Private Event**
- 4:45 - GR - Cocktail Hour**


## Friday 3

- Creative Arts Cancelled**
- 11:00 WH—Standing Exercise**
- 3:00 - PHL - Afternoon Tea**

## Saturday 4

- Morning Bus Service  
9:00, 10:00 & 11:00 AM Pickups**
- 2:00 & 7:30 - CH 901  
Movie: Overboard**

# May 5-11

Sunday 5	Monday 6
<p><b><u>8:30 - 12 Noon - BUS SERVICE TO MASS</u></b></p> <p><b><u>9:30 - PHL - Sacred Heart Eucharist</u></b></p> <p><b><u>3:00 &amp; 7:30 – 901</u></b> <b>Movie: Mary Poppins</b></p> <p><b><u>3:00 - PHL - Afternoon Tea</u></b></p>	<p><b><u>9:30 - PHL - Resident Council Meeting (Residents invited from 9:30 until 10:00 for comments and compliments)</u></b></p> <p><b><u>11:00 - WH - Chair Exercise</u></b></p> <p><b><u>1:00 - PHL - Newsletter Meeting</u></b></p> <p><b><u>2:00 - PHL - Poetry</u></b></p>
Thursday 9	Friday 10
<p><b><u>10:00 - AH - Current Events</u></b></p> <p><b><u>10:30 - CL - Technology Support</u></b></p> <p><b><u>10:30 - WH - Tai Chi w/ Vinny</u></b></p> <p><b><u>11:15 - PDR - Food Committee</u></b></p> <p><b><u>4:45 - GR - Cocktail Hour</u></b></p>	<p><b><u>10:00 - AR– Creative Arts</u></b></p> <p><b><u>1:00 WH - Mindful Movement w/ Natalie</u></b> </p> <p><b><u>3:00 - WH- Jeffrey Engel</u></b> <b>Music Appreciation</b> <b>Topic: "Madame Butterfly"</b></p> <p><b><u>3:00 - PHL - Afternoon Tea</u></b></p>

## Tuesday 7

**9:30 - WH- Chair Yoga w/ Alisa**

**Newtown Savings Bank**

**1:30 - 3:00 PM - C Wing Hallway**

**10:00 - AR- Creative Arts**

**2:30 - GR - Volunteer Committee Fair**

**All Card Players To Pine Hill  
Lounge**

## Wednesday 8

**10:00 - OUT TRIP - Hawley Lane  
Shoes, Shelton CT  
Little Barn/Lunch**

**1:00 - WH - Standing Exercise**

**2:00 & 7:30 - CH 901  
Movie: Philomena**

**3:00 - PHL - Afternoon Tea**

## Saturday 11

**Morning Bus Service**

**9:00, 10:00 & 11:00 AM Pickups**

**12:00 - FL - MET Opera Live  
*Madama Butterfly***

**This is for ticketholders only.**

**2:00 & 7:30 - CH 901**

**Movie: Crimes & Misdemeanors**



## Volunteer Committee Fair

**Please come on down  
and check out all the  
committees that you  
can get involved in!**

**Tuesday**

**May 7 3:00 PM**

**Garden Room**

# May 12-18

## Sunday 12

8:30 - 12 Noon - BUS SERVICE TO MASS

9:30 - PHL - Sacred Heart Eucharist

3:00 & 7:30 - 901  
Movie: My Fair Lady

3:00 - PHL - Afternoon Tea



## Monday 13

WH - Private Event All Day

10:00 - AH - Technology Class with Andy Chapin  
*Bring Your Questions!*

2:00 - PHL - Poetry

3:00 - PHL - Afternoon Tea

## Thursday 16

10:00 - AH - Current Events

10:30 - CL - Technology Support w/ James

10:30 - WH - Tai Chi w/ Vinny

1:00 - PHL - Bible Study

2:30 - WH - Netflix  
Anne With An E  
The Story Of Ann Of Green Gables  
Season III Episode 2 & 3

4:45 - GR - Cocktail Hour

## Friday 17

Creative Arts Cancelled

11:00 WH—Mindful Movement w/ Natalie



2:30 - WH - Movie Matinee  
*The Miracle Club*  
Refreshments Served

3:00 - PHL - Afternoon Tea

## Tuesday 14

**9:30 - WH - Chair Yoga w/ Natalie**

**Creative Arts Cancelled**

**Newtown Savings Bank**

**1:30 - 3:00 PM - C Wing Hallway**

**3:00 - GR - Musical Notes  
With Lynne Kearney**

## Wednesday 15

**10:00 - RS - Blood Pressure Screening**

**NO OUT TRIP**

**1:00 WH - Standing Exercise**

**2:00 & 7:30 - CH 901**

**Movie: Amelia**

**2:30 - WH - Mark Albertson  
Lecture - Amelia Earhart**

**3:00 - PHL - Afternoon Tea**

## Saturday 18

**Morning Bus Service**

9:00, 10:00 & 11:00 AM Pickups

**11:00 - WH - Chair Zumba Gold w/  
Toni**

**2:00 & 7:30 - CH 901**

**Movie: Hyde Park On Hudson**

## Room Key

**AH** - Ace of Hearts

**AR** - Art Room

**RS** - Resident Services

**CL** - Computer Lab

**PHL** - Pine Hill Lounge

**HC** - Health Center

**GR** - Garden Room

**FC** - Fitness Center


**FL** - Front Lobby

**WH** - Wilson Hall

**PDR** - Private Dining Rm

**DR** - Dining Room

# May 19-25

<b>Sunday 19</b>	<b>Monday 20</b>
<p><b><u>8:30 - 12 Noon</u> –BUS SERVICE TO MASS</b></p> <p><b><u>9:30 - PHL</u>- Sacred Heart Eucharist</b></p> <p><b><u>2:15 - FL</u> - Waterbury Symphony Heavenly Journey For Ticketholders Only</b></p> <p><b><u>3:00 &amp; 7:30</u> – 901 Movie: Amadeus</b></p> <p><b><u>3:00 - PHL</u> - Afternoon Tea</b></p>	<p><b><u>10:00 - AH</u> - Technology Class with Andy Chapin <i>Bring Your Questions!</i></b></p> <p><b><u>11:00 - WH</u> - Chair Exercise</b></p> <p><b><u>2:00 - GR</u> - Outdoor Walk</b></p> <p><b><u>2:15 - AH</u> - Dr. Hunt Topic: TBD</b></p> <p><b><u>3:00 - PHL</u> - Afternoon Tea</b></p>
<b>Thursday 23</b>	<b>Friday 24</b>
<p><b><u>10:00 - AH</u>- Current Events</b></p> <p><b><u>10:30 - CL</u> - Technology Support w/ James</b></p> <p><b><u>10:30 - WH</u> - Tai Chi w/ Vinny</b></p> <p><b><u>1:00 - WH</u> - Chair Zumba Gold w/ Toni</b></p> <p><b><u>2:30 - WH</u> - Netflix Anne With An E The Story Of Ann Of Green Gables Season III Episode 4 &amp; 5</b></p> <p><b><u>4:45 - GR</u> - Cocktail Hour</b></p>	<p><b><u>10:00 - AR</u>– Creative Arts</b></p> <p><b><u>11:00 WH</u> - Mindful Movement w/ Natalie</b> </p> <p><b><u>3:00 - PHL</u> - Afternoon Tea Cancelled</b></p> <p><b><u>3:00 - WH</u> - Paul Bisaccia Come celebrate the 100<sup>th</sup> Anniver- sary of Gershwin's <i>Rhapsody in Blue.</i></b></p>



## Tuesday 21

9:30 - WH- Chair Yoga w/ Natalie

10:00 - AH - Library Committee

10:00 - AR- Creative Arts

Newtown Savings Bank

1:30 - 3:00 PM - C Wing Hallway

2:30 PM - WH - REEL ROYALTY

*With Mervyn Clay*

*This Happy Breed (1944)*

*(cc)*

## Wednesday 22

11:00 - OUT TRIP

Peabody Museum

Yale 2:00 PM - Free Admission

Lunch Beforehand/Modern Pizza

1:00 - WH - Standing Exercise

2:00 & 7:30 - CH 901

Movie: Prehistoric Road Trip

3:00 - AH -Time with Christine

PW Board Member

3:00 - PHL - Afternoon Tea

## Saturday 25

Morning Bus Service

9:00, 10:00 & 11:00 AM Pickups

11:00 - AH - Gathering of Readers

*Cassandra At the Wedding*

By Dorothy Baker

2:00 - Pavilion

Berkshire Jazz Orchestra

2:00 & 7:30 - CH 901

Movie: The Guilt Trip



## New Books for the Library

The Lost Bookshop--Evie Woods

The Hunter--Tana French

Tables for Two--Amor Towles

The Cemetery of Untold Stories--  
Julia Alvarez

The Wide, Wide Sea--Hampton  
Sides

# May 26-28

<b>Sunday 26</b>	<b>Monday 27</b>
<p><b><u>8:30 - 12 Noon</u> - BUS SERVICE TO MASS</b></p> <p><b><u>9:30 - PHL</u>- Sacred Heart Eucharist</b></p> <p><b><u>3:00 &amp; 7:30 - 901</u> Movie: The Book Thief</b></p> <p><b><u>3:00 - PHL</u> - Afternoon Tea</b></p>	<p><b>NO BUS SERVICE</b> Afternoon Tea Cancelled</p> <p><b><u>11:30 AM - 2:30 PM</u> - Picnic for Memorial Day !</b></p> <p><b>Holiday Meal Hours</b></p> <p><b><u>3:00 &amp; 7:30 - 901</u> Movie: Where Eagles Dare</b></p> <div data-bbox="1062 894 1354 1094"><p>★★★★★ <b>MEMORIAL DAY</b> REMEMBER AND HONOR</p></div>
<b>Thursday 30</b>	<b>Friday 31</b>
<p><b><u>10:00 - AH</u>- Current Events</b></p> <p><b><u>10:30 - CL</u> - Technology Support w/ James</b></p> <p><b><u>10:30 - WH</u> - Tai Chi w/ Vinny</b></p> <p><b><u>1:00 - WH</u> - Chair Zumba Gold w/ Toni</b></p> <p><b><u>2:30 - WH</u> - Mark Albertson Lecture - Iraq: Creation Of Colonialism</b></p> <p><b><u>4:45 - GR</u> - Cocktail Hour</b></p>	<p><b><u>10:00 - AR</u>- Creative Arts</b></p> <p><b><u>2:00 - PHL</u> - Mediation &amp; Sound w/ Natalie</b> </p> <p><b><u>3:00 - WH</u>- Jeffrey Engel Music Appreciation Topic: "Music For the Birds, Part I"</b></p> <p><b><u>3:00 - PHL</u> - Afternoon Tea</b></p> <p><b>** The Resident Meeting Scheduled For May Has Been Moved To June 7th</b></p>

## Tuesday 28

**9:30 - WH - Chair Yoga w/ Alisa**

**Newtown Savings Bank**

**1:30 - 3:00 PM - C Wing Hallway**

**10:00 - AR- Creative Arts**

**All Card Players To the Garden Room**



**James Chapin** is here every **Thursday** morning in the Computer Lab from 10:30 until 11:30. Residents with hand held devices who need assistance may bring them down at this time. Please make sure you have with you all important passwords to allow access.

## Wednesday 29

**10:15 - OUT TRIP** - Litchfield Historical Society - "With Their Busy Needles: Samplers and the Girls Who Made Them"  
At the Corner/Lunch

**1:00 - WH - Standing Exercise**

**2:00 & 7:30 - CH 901**  
**Movie: Flight**



***Happy Birthday!***  
**Pomperaug Woods Founder**

**Elizabeth Wilson**

**May 30, 1912 - August 8, 2014**

***To Celebrate Birthday Cake will be Served in the Dining Room***  
***May 30***



# Pomperaug Woods Bus Schedule

**Monday, Tuesday, Thursday & Friday**

<b>AM</b>	<b>PM</b>
<b>9:00</b>	<b>1:00</b>
<b>10:00</b>	<b>2:00</b>
<b>11:00</b>	<b>3:00 Last Pick-up Of Day</b>

**Wednesday**      **No Service - Reserved for Out Trips**

<p><b>Saturday</b>      <b>AM ONLY</b></p> <p>9:00 10:00 11:00</p>	<p><b>Sunday 8:30 to 12 Noon</b></p> <p>First Drive Leaves @ 8:30 For 9:00 AM Mass At Sacred Heart Second Drive Leaves @ 9:30 For Church Of the Epiphany</p>
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**Beauty Shop**  
*Saturdays - Please call the front desk for appointments.*

**Newtown Savings Bank**  
**Tuesday 10:00 am to 11:30 AM**  
Located across from Art Room

**Cafe Hours**  
*11:30AM—2:30 PM*  
*4:00 PM - 6:00PM*  
*Monday - Friday*

**Continental Breakfast Available**  
**In the Dining Room**

*80 Heritage Rd. Southbury, CT 06488    (203) 262-6555*

