

July 2024



Pomperaug Woods

Calendar & Highlights

The Art of Living

July 1-6

Days Of the Week At A Glance

JULY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

Monday 1

9:30 - PHL - Resident Council Meeting (Residents invited from 9:30 until 10:00 for comments and compliments)

10:00 - AH - Tech Topics with Andy Chapin - Bring your questions!

1:00 - PHL - Newsletter Meeting

3:00 - PHL - Afternoon Tea

Thursday 4

BUS SERVICE Cancelled



Holiday Meal Hours

**11:30 2:00 - DR/Tent - Picnic
Make Your Reservations Early**

**2:00 & 7:15 - Movie:
*1776***

Friday 5

Creative Arts Cancelled

**2:30 - WH - Mark Albertson Lecture
Topic: What Is the Declaration Of
Independence?**



3:00 - PHL - Afternoon Tea

4:15 - GR - Cocktail Hour

Tuesday 2

9:30 - AH - Chair Yoga w/ Alisa

10:00 - AR - Creative Arts

2:30 PM - GR - Ice Cream Social

Newtown Savings Bank

1:30 - 3:00 PM - C Wing Hallway

Wednesday 3

10:00 - RS - Blood Pressure Screening

NO OUT TRIP

2:00 & 7:30 - CH 901 Movie:
Kiss Me Kate

3:00 - PHL - Afternoon Tea

Saturday 6

Morning Bus Service

9:00, 10:00 & 11:00 AM Pickups

2:00 & 7:30 - CH 901

Movie: *The Apartment*

Reminder



Tuesday, July 2 2:30PM



*Cocktail Hour
Now On Fridays*

July 7-13

Sunday 7	Monday 8
<p><u>9:30 - 12 Noon - BUS SERVICE TO MASS</u></p> <p><u>9:30 - PHL - Sacred Heart Eucharist</u></p> <p><u>3:00 & 7:30 – 901</u> Movie: <i>Grease</i></p> <p><u>3:00 - PHL - Afternoon Tea</u></p>	<p>WH - Private Event</p> <p><u>3:00 - PHL - Afternoon Tea</u></p>
Thursday 11	Friday 12
<p>WH - Private Event</p> <p><u>10:00 - AH - Current Events</u></p> <p><u>10:30 - GR - Tai Chi w/ Vinny</u> <i>Please Note Room Change</i></p> <p><u>10:30 - CL - Technology Support w/ James</u></p> <p><u>11:15 - PDR - Food Committee Meeting</u></p> <p><u>5:00 - FL - Evening Bus Service Southbury/Woodbury Only</u> Sign-Up Required At Front Desk <i>**Requires A Minimum of 4 To Run</i></p>	<p><u>10:00 - AR – Creative Arts</u></p> <p><u>11:00 - WH - Standing Exercise</u></p> <p><u>3:00 - WH - Music Appreciation w/ Jeffrey Engel</u></p> <p><u>3:00 - PHL - Afternoon Tea</u></p> <p><u>4:15 - GR - Cocktail Hour</u></p>

Tuesday 9

9:30 - AH - Chair Yoga w/ Alisa

10:00 - AR - Creative Arts

Newtown Savings Bank

1:30 - 3:00 PM - C Wing Hallway

7:15 - GR - Cabaret

Join Larry Batter & His Bad Jokes!

Wednesday 10

Memory Care - OUT TRIP

2:00 & 7:30 - CH 901 Movie:
Thelma & Louise

3:00 - PHL - Afternoon Tea

Saturday 13

Morning Bus Service

9:00, 10:00 & 11:00 AM Pickups

11:00 - WH - Chair Zumba w/ Toni

2:00 & 7:30 - CH 901

Movie: *Under The Tuscan Sun*

REEL ROYALTY

with Mervyn Clay

Reel Royalty will not meet during July and August. However, we are excited about our new 2024–2025 Season which will start in September.

July 14-20

Sunday 14	Monday 15
<p><u>9:30 - 12 Noon</u> - BUS SERVICE TO MASS</p> <p><u>9:30 - PHL</u> - Sacred Heart Eucharist</p> <p><u>3:00 & 7:30</u> – 901 Movie: <i>The Sting</i></p> <p><u>3:00 - PHL</u> - Afternoon Tea</p>	<p><u>10:00 - AH</u> - Tech Topics with Andy Chapin - Bring your questions!</p> <p><u>2:15 - WH</u> - Professor Alfred Hunt Topic: TBA</p> <p><u>3:00 - PHL</u> - Afternoon Tea</p>
Thursday 18	Friday 19
<p><u>10:00 - AH</u> - Current Events</p> <p><u>10:30 - CL</u> - Technology Support w/ James</p> <p><u>10:30 - WH</u> - Tai Chi w/ Vinny</p> <p><u>1:00 - WH</u> - Chair Zumba w/ Toni</p> <p><u>2:30 - WH</u> - Mark Albertson Lecture Topic: Jimmy Cagney</p> <p><u>5:00 - FL</u> - Evening Bus Service Southbury/Woodbury Only Sign-Up Required At Front Desk **Requires A Minimum of 4 To Run</p>	<p><u>10:00 - AR</u>– Creative Arts</p> <p><u>2:00 - WH</u> - Pomperaug Players Auditions Please Contact May Bernhard with any questions.</p> <p><u>3:00 - PHL</u> - Afternoon Tea</p> <p><u>4:15 - GR</u> - Cocktail Hour</p>

Tuesday 16

Chair Yoga w/ Alisa

10:00 - AR - Creative Arts

10:00 - PDR - Library Committee

Newtown Savings Bank

1:30 - 3:00 PM - C Wing Hallway

5:00 - FL - Evening Bus Service

Southbury/Woodbury Only

Sign-Up Required At Front Desk

****Requires A Minimum of 4 To Run**

Wednesday 17

10:00 - RS - Blood Pressure Screening

10:00 - OUT TRIP - Griswold Inn
Essex, CT Shopping Before/After
Talbot's

2:00 & 7:30 - CH 901

Movie: *Yankee Doodle Dandy*

2:00 - PHL - Resident Council
Meeting with Newcomers

3:00 - AH - Time With Christine
PW Board Member

3:00 - PHL - Afternoon Tea

Saturday 20

Morning Bus Service

9:00, 10:00 & 11:00 AM Pickups

11:00 - WH - Chair Zumba w/ Toni

2:00 & 7:30 - CH 901

Movie: *Terms Of Endearment*



James Chapin is here every **Thursday** morning in the Computer Lab from 10:30 until 11:30. Residents with hand held devices who need assistance may bring them down at this time. Please make sure you have with you all important passwords to allow access.

July 21-27

Sunday 21	Monday 22
<p><u>9:30 - 12 Noon</u> –BUS SERVICE TO MASS</p> <p><u>9:30 - PHL</u> - Sacred Heart Eucharist</p> <p><u>3:00 & 7:30</u> – 901 - Movie: <i>Stand By Me</i></p> <p><u>3:00 - PHL</u> - Afternoon Tea</p>	<p><u>10:00 - AH</u> - Technology Class with Andy Chapin <i>Bring Your Questions!</i></p> <p><u>3:00 - PHL</u> - Afternoon Tea</p>
Thursday 25	Friday 26
<p><u>10:00 - AH</u> - Current Events</p> <p><u>10:30 - CL</u> - Technology Support w/ James</p> <p><u>10:30 - WH</u> - Tai Chi w/ Vinny</p> <p><u>1:00 - WH</u> - Chair Zumba w/ Toni</p> <p><u>5:00 - FL</u> - Evening Bus Service Southbury/Woodbury Only Sign-Up Required At Front Desk **Requires A Minimum of 4 To Run</p>	<p>Creative Arts Cancelled</p> <p><u>10:30 - WH</u> - Resident Meeting</p> <p><u>3:00 - WH</u> - Music Appreciation w/ Jeffrey Engel</p> <p><u>4:15 - GR</u> - Cocktail Hour</p>

Tuesday 23

WH - Private Event

9:30 - AH - Chair Yoga w/ Alisa
Please note this is in Ace of Hearts

10:00 - AR - Creative Arts

Newtown Savings Bank
1:30 - 3:00 PM - C Wing Hallway

Wednesday 24

11:15 - OUT TRIP - Hopkin's Inn
Dining Outside - New Preston, CT

2:00 & 7:30 - CH 901
Movie: *Ruthless: Monopoly's*
Secret History

3:00 - PHL - Afternoon Tea

Saturday 27

Morning Bus Service
9:00, 10:00 & 11:00 AM Pickups

11:00 - AH - Gathering of Readers
The Patron Saint Of Liars
By Ann Patchett

11:00 - WH - Chair Zumba w/ Toni

2:00 & 7:30 - CH 901
Movie: *American Graffiti*



10:30 - WH
Resident Meeting
All are invited to attend.

July 28-31

Sunday 28

9:30 - 12 Noon - BUS SERVICE TO MASS

**9:30 - AH - Sacred Heart
Eucharist**

**3:00 & 7:30 - 901
Movie: *Saturday Night Fever***

3:00 - PHL - Afternoon Tea

Monday 29

**2:30 - WH - Movie Matinee
The Chaperone
Refreshments Served**

3:00 - PHL - Afternoon Tea

**Music Appreciation
With Jeffrey Engel
July 12 and 26 - 3:00 PM - WH**

**ANYTHING YOU CAN PLAY I CAN
PLAY BETTER**

Keyboard competitions were not unusual during the 18th and early 19th centuries. Among the most celebrated of these were between Handel and Domenico Scarlatti, Mozart and Muzio Clementi, Beethoven and Daniel Steibelt. The 'piece de resistance,' however, was the Liszt-Sigismund Thalberg keyboard battle of 1837. Jeffrey Engel will describe in detail this Parisian showdown and play musical excerpts by the pianists involved.

Room Key

AH - Ace of Hearts
AR - Art Room
RS - Resident Services
CL - Computer Lab
PHL - Pine Hill Lounge
HC - Health Center
GR - Garden Room
FC - Fitness Center
FL - Front Lobby
WH - Wilson Hall
PDR - Private Dining Rm
DR - Dining Room
PAV - Outdoor Pavilion (Doors opposite Garden Room)

<p style="text-align: center;">Tuesday 30</p>	<p style="text-align: center;">Wednesday 31</p>
<p><u>9:30 - WH</u> - Chair Yoga w/ Alisa</p> <p><u>10:00 - AR</u> - Creative Arts</p> <p><u>Newtown Savings Bank</u> <u>1:30 - 3:00 PM - C Wing Hallway</u></p> <p><u>3:00 - WH</u> - Bingo</p>	<p><u>9:30 - OUT TRIP</u> - Clinton Crossing Outlets Clinton, CT Lunch @ Rocky Aqua</p> <p><u>2:00 & 7:30 - CH 901</u> <i>Movie: Lives Well Lived</i></p> <p><u>3:00 - PHL</u> - Afternoon Tea</p>
<p style="text-align: center;">January Meetings</p>	
<p>Resident Council Monday, July 1, 9:30 AM</p> <p>Newsletter Meeting Monday, July 1, 1:00 PM</p> <p>Food Committee Thursday, July 11, 10:30 AM</p> <p>Library Committee Tuesday, July 16, 10:00 AM</p> <p>Resident Meeting Friday, July 26</p>	<p><u>5:00 - FL</u> - Evening Bus Service Thursday Evenings Only Southbury/Woodbury Minimum Of 4 Residents To Sign UP</p> <p style="text-align: center;">Please be in the lobby NO later than 5.</p> <p style="text-align: center;">Residents are required to make their own arrangements. This is run the same as daily bus service. Please call the bus phone to be picked up.</p> <p style="text-align: center;">Sign-Up At the Front Desk Please!</p>



Pomperaug Woods Bus Schedule

Monday, Tuesday, Thursday & Friday

AM	PM	<u>5:00 PM - FL</u> - Evening Bus July 11, 18, & 25
9:00	1:00	Southbury/Woodbury Only
10:00	2:00	**Requires A Minimum of 4 To Run
11:00	3:00	Last Pick-up Of the Day
Reminder: Bus Service Ends @ 4:00 PM		

Wednesday No Service - Reserved for Out Trips - Private Drives Only

Saturday AM ONLY

9:00
10:00
11:00

Sunday 9:30 to 12 Noon

First Drive Leaves @ 9:30 For
Mass At Church Of the Epiphany
St. Teresa's and UCC

Please see Lisa for further information.

Beauty Shop
Saturdays - Please call the front desk for appointments.

Newtown Savings Bank
Tuesday 1:30 PM - 3:00 PM
Located across from Art Room

Continental Breakfast Available
In the Dining Room

