

DECEMBER 2024



# Pomperaug Woods

*The Art of Living*

Calendar & Highlights

**Days Of the Week  
At A Glance**

**Committee Meetings**

**DECEMBER 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

**Resident Council**

**Monday, December 2 9:30 AM**

**No Newsletter Meeting**

**Food Committee**

**Thursday, December 12 11:15 AM**

**Library Committee**

**Tuesday, January 17 10:00 AM**



**Holiday Grab Bag Extravaganza**

**Bring a new \$5 wrapped gift and  
get ready to laugh!!!**

**Thursday  
December 19  
2:00 pm WH**

**Menorah Lightings**

**Wednesday,**

**December 25 -**

**Thursday, January 2**

**4:30pm**

**Ace Of Hearts**





## All Card Players

**Due to the multiple functions throughout December in all common areas, please take note of where you will be meeting.**



## NOTEWORTHY

Enjoy a lively concert of songs ranging from quiet and contemplative traditional tunes to Broadway, and rock. presented by NOTEWORTHY, Danbury's premier a cappella singing ensemble. You will want to hum along, tap your feet, clap, smile, and have a wonderful time of refreshment and rejoicing.

**Saturday, December 14**

**12:00 PM - Wilson Hall**



**Tuesday, December 31  
5:00 to 7:00 PM**

*Live Music provided  
by Jazz Diva  
Christine Cooney*



## January 1

**NO Bus Service  
Holiday Meal Hours**



<b>Sunday 1</b>	<b>Monday 2</b>
<p><b><u>8:30 - 12 Noon - BUS SERVICE TO MASS</u></b></p> <p><b><u>9:30 - PHL - Sacred Heart Eucharist</u></b></p> <p><b><u>3:00 &amp; 7:30 – 901</u></b>  <b>Movie: Deck the Halls</b></p> <p><b><u>3:00 - PHL - Afternoon Tea</u></b></p>	<p><b><u>9:00– WH– Early Bird Exercise</u></b></p> <p><b><u>9:30 - PHL - Resident Council Meeting (Residents invited from 9:30 until 10:00 for comments and compliments)</u></b></p> <p><b><u>10:00 - CR - Technology Class</u></b>  <b>Andy Chapin</b></p> <p><b><u>11:00– WH– Chair Exercise A</u></b></p> <p><b><u>11:45– WH– Chair Exercise B</u></b></p> <p><b><u>1:00– GR– Walking Group</u></b></p> <p><b><u>3:00 - PHL - Afternoon Tea</u></b></p>
<b>Thursday 5</b>	<b>Friday 6</b>
<p><b><u>10:00 - AH- Current Events</u></b></p> <p><b><u>10:30 - CL - Technology Support w/ James</u></b></p> <p><b><u>10:30 - WH - Tai Chi w/ Vinny</u></b></p> <p><b><u>1:00– WH– Chair Zumba w/ Toni</u></b></p> <p><b><u>2:30 - CR - Mark Albertson Lecture - Pearl Harbor</u></b></p>	<p><b><u>10:00 - AR – Creative Arts</u></b></p> <p><b><u>11:00 - WH - Standing Exercise</u></b></p> <p><b><u>1:15—WH– Balance Class</u></b></p> <p><b><u>3:00 - WH - Music Appreciation w/ Jeffrey Engel</u></b></p> <p><b><u>4:15 – GR – Cocktail Hour</u></b></p>



# December 1-7

<b>Tuesday 3</b>	<b>Wednesday 4</b>
<p><u>9:30 - WH - Chair Yoga w/ Alisa</u></p> <p><u>10:00 - AR - Creative Arts</u></p> <p><u>Newtown Savings Bank</u> <u>1:30 - 3:00 PM - C Wing Hallway</u></p>	<p><u>10:00 - RS - Blood Pressure Screening</u> <b><u>NO OUT TRIP</u></b></p> <p><u>11:00- WH - Chair Exercise A</u></p> <p><u>11:45- WH - Chair Exercise B</u></p> <p><u>1:15- WH - Balance Class</u></p> <p><u>2:00 &amp; 7:30 - CH 901</u> PBS: The Snowman <b>Creative Arts made the snowmen inspired by this film. <i>Watch it!</i></b></p> <p><u>3:00 - PHL - Afternoon Tea</u></p>
<b>Saturday 7</b>	<b>Room Key</b>
<p><u>Morning Bus Service</u> 9:00, 10:00 &amp; 11:00 AM Pickups</p> <p><u>2:00 &amp; 7:30 - CH 901</u> Movie: Buttons, A Christmas Tale</p>	<p>AH - Ace of Hearts AR - Art Room RS - Resident Services CL - Computer Lab PHL - Pine Hill Lounge HC - Health Center GR - Garden Room FC - Fitness Center FL - Front Lobby WH - Wilson Hall PDR - Private Dining Rm DR - Dining Room CR- Conference Room PAV - Outdoor Pavilion ( Doors opposite Garden Room)</p>

# December 8-14

<b>Sunday 8</b>	<b>Monday 9</b>
<p><b><u>8:30 - 12 Noon</u> - BUS SERVICE TO MASS</b></p> <p><b><u>9:30</u> - PHL - Sacred Heart Eucharist</b></p> <p><b><u>2:30</u> - FL - Waterbury Symphony <i>Ticket Holders Only</i></b></p> <p><b><u>3:00 &amp; 7:30</u> - 901 Movie: The Great Gatsby</b></p> <p><b><u>3:00</u> - PHL - Afternoon Tea</b></p>	<p><b><u>9:00</u> - WH - Early Bird Exercise</b></p> <p><b><u>11:00</u> - GR - Chair Exercise A</b></p> <p><b><u>11:45</u> - GR - Chair Exercise B</b></p> <p><b><u>1:00</u> - GR - Walking Group</b></p> <p><b><u>2:15</u> - AH - Dr. Hunt <i>"Immigration Issues"</i></b></p> <p><b><u>3:00</u> - PHL - Afternoon Tea</b></p> <p><b><u>7:15</u> - GR - Tree Lighting Party with Larry Batter</b>  <b style="color: green;">New Residents are invited to bring an ornament to hang on the tree.</b></p>
<b>Thursday 12</b>	<b>Friday 13</b>
<p><b><u>Private Event</u> - WH</b></p> <p><b><u>10:00</u> - AH - Current Events</b></p> <p><b><u>10:30</u> - CL - Technology Support</b></p> <p><b><u>10:30</u> - GR - Tai Chi w/ Vinny</b></p> <p><b><u>11:15</u> - PDR - Food Committee Meeting</b></p>	<p><b>10:00 - Noon - AH - Private Event</b></p> <p><b><u>NO</u> Creative Arts</b></p> <p><b><u>11:00</u> - WH - Standing Exercise</b></p> <p><b><u>3:00</u> - WH - Jeffrey Engel Music Appreciation</b></p> <p><b><u>4:15</u> - GR - Cocktail Hour</b></p>

<b>Tuesday 10</b>	<b>Wednesday 11</b>
<p><b><u>9:30 - AH-</u> Chair Yoga w/ Alisa</b></p> <p><b><u>10:00 - AR-</u> Creative Arts</b></p> <p><b><u>1:15- GR-</u> Standing Exercise</b></p> <p><b><u>Newtown Savings Bank</u></b>  <b><u>1:30 - 3:00 PM - C Wing Hallway</u></b></p> <p><b><u>7:15 - PHL -</u> Welcoming Committee</b></p>	<p><b><u>10:30 - OUT TRIP</u> - Newtown Library</b>  <i>Gathering Of Readers Thank You Visit Toro For Lunch</i></p> <p><b><u>Private Event - WH</u></b></p> <p><b><u>11:00- GR-</u> Chair Exercise A</b></p> <p><b><u>11:45- GR-</u> Chair Exercise B</b></p> <p><b><u>1:15- GR-</u> Balance Class</b></p> <p><b><u>2:00 &amp; 7:30 - CH 901</u></b>  <b>Movie: Baryshnikov and Kirkland in <i>The Nutcracker</i></b></p> <p><b><u>3:00 - PHL -</u> Afternoon Tea</b></p>
<b>Saturday 14</b>	
<p><b><u>Morning Bus Service</u></b>  9:00, 10:00 &amp; 11:00 AM Pickups</p> <p><b><u>2:00 - WH</u></b>  <b>Noteworthy</b>  <b>Accapella Group</b></p> <p><b><u>2:00 &amp; 7:30 - CH 901</u></b>  <b>Movie: The Attic, The Hiding of Anne Frank</b></p>	<p><b>Bus Service</b></p> <p><b>Saturdays</b>  <b>9:00AM</b>  <b>10:00 AM</b>  <b>11:00 AM (Last Pick-up)</b></p> <p><b>Sundays</b>  <b>8:30AM For 9:00 AM</b>  <b>Mass @ Sacred Heart</b></p> <ul style="list-style-type: none"> <li>• <b>During winter months please check Channel 901 for any cancellations due to road conditions.</b></li> <li>• <b>This includes Transportation &amp; Classes with Outside Vendors.</b></li> </ul>

# December 15-21

<b>Sunday 15</b>	<b>Monday 16</b>
<p><b><u>8:30 - 12 Noon</u> - BUS SERVICE TO MASS</b></p> <p><b><u>9:30 - PHL</u> - Sacred Heart Eucharist</b></p> <p><b><u>3:00 &amp; 7:30</u> – 901 Movie: Holiday Inn</b></p> <p><b><u>3:00 - PHL</u> - Afternoon Tea</b></p>	<p><b><u>9:00– WH</u>– Early Bird Exercise</b></p> <p><b><u>10:00 - CR</u> - Technology Class Andy Chapin</b></p> <p><b>Private event - WH <u>NO</u> Chair Exercise</b></p> <p><b><u>1:00– GR</u>– Walking Group</b></p> <p><b><u>3:00 - PHL</u> - Afternoon Tea</b></p>
<b>Thursday 19</b>	<b>Friday 20</b>
<p><b><u>10:00 - AH</u>- Current Events</b></p> <p><b><u>10:30 - CL</u> - Technology Support w/ James</b></p> <p><b><u>10:30</u> - - Tai Chi w/ Vinny</b></p> <p><b><u>1:00– WH</u>– Chair Zumba w/ Toni</b></p> <p><b><u>3:00 - GR</u> - Holiday Grab Bag</b></p>	<p><b><u>10:00 - AR</u> - Creative Arts</b></p> <p><b><u>11:00 - WH</u> - Standing Exercise</b></p> <p><b><u>2:30 - CR</u> - Mark Albertson Lecture - Golda Meir</b></p> <p><b><u>4:15 – GR</u> – Cocktail Hour</b></p>



## Tuesday 17

9:30 - WH - Chair Yoga w/ Alisa

10:00 - AR - Creative Arts

10:00 - PHL - Library Committee

1:15 - WH - Standing Exercise

Newtown Savings Bank

1:30 - 3:00 PM - C Wing Hallway

2:30 PM - WH - REEL ROYALTY

*With Mervyn Clay*

*A Tree Grows in Brooklyn*

1945

## Wednesday 18

10:00 - RS - Blood Pressure Screening

4:00 - OUT TRIP - Holiday Lights

Meriden, CT 110 Grill, Southington

11:00 - WH - Chair Exercise A

11:45 - WH - Chair Exercise B

1:15 - WH - Balance Class

2:00 & 7:30 - CH 901

Movie: Christmas In Yellowstone

2:00 - PHL - Resident Council

Meeting with Newcomers

3:00 - AH - Time with Christine

PW Board Member

3:00 - PHL - Afternoon Tea

## Saturday 21

Morning Bus Service

9:00, 10:00 & 11:00 AM Pickups

2:00 & 7:30 - CH 901

Movie: The Homecoming, A

Christmas Story

## Reminder Corner



**Flower Committee Resumes  
January 2nd @ 2:00PM.  
The committee can always use  
an extra hand. Please consider  
joining this group which takes  
up minimal time.**

# December 22-31

<b>Sunday 22</b>	<b>Monday 23</b>
<p><b><u>8:30 - 12 Noon</u> –BUS SERVICE TO MASS</b></p> <p><b><u>9:30 - PHL</u>- Sacred Heart Eucharist</b></p> <p><b><u>3:00 &amp; 7:30 – 901</u> Movie: Truman Capote’s One Christmas</b></p> <p><b><u>3:00 - PHL</u> - Afternoon Tea</b></p>	<p><b><u>9:00– WH</u>– Early Bird Exercise</b></p> <p><b><u>11:00– WH</u>– Chair Exercise A</b></p> <p><b><u>11:45– WH</u>– Chair Exercise B</b></p> <p><b><u>1:00– GR</u>– Walking Group</b></p> <p><b><u>2:30 - WH</u> - BINGO</b></p> <p><b><u>3:00 - PHL</u> - Afternoon Tea</b></p>
<b>Thursday 26</b>	<b>Saturday 28</b>
<p><b><u>10:00 - AH</u>- Current Events</b></p> <p><b><u>10:30 - CL</u> - Technology Support w/ James</b></p> <p><b><u>11:00– WH</u>– Barre Fitness</b></p> <p><b><u>4:30 - AH</u>- Menorah Lighting Hanukah</b></p>	<p><b><u>Morning Bus Service</u></b> 9:00, 10:00 &amp; 11:00 AM Pickups</p> <p><b><u>11:00 - AH</u> - Gathering of Readers</b></p> <p><b><u>2:00 &amp; 7:30 - CH 901</u></b> Movie: Truman Capote’s A Christmas Memory</p> <p><b><u>4:30 - AH</u>- Menorah Lighting</b></p>
<b>Friday 27</b>	<b>Sunday 29</b>
<p><b><u>NO</u> – Creative Arts</b></p> <p><b><u>11:00 - WH</u> - Balance Class</b></p> <p><b><u>4:15 – GR</u> – Cocktail Hour Ace Of Hearts Folks Go to Billiards Room</b></p> <p><b><u>4:30 - AH</u>- Menorah Lighting Hanukah</b></p>	<p><b><u>8:30 - 12 Noon</u> - BUS SERVICE TO MASS</b></p> <p><b><u>9:30 - PHL</u>- Sacred Heart Eucharist</b></p> <p><b><u>3:00 &amp; 7:30 - 901</u></b> Movie: It’s A Wonderful Life</p> <p><b><u>3:00 - PHL</u> - Afternoon Tea</b></p> <p><b><u>4:30 - AH</u>- Menorah Lighting Hanukah</b></p>

## Tuesday 24

**NO Newtown Savings Bank**

**10:00 - AR– Creative Arts**

Private Event - Ace Of Hearts

**All card players to the Garden Room**

**1:15– WH– Standing Exercise**

## Wednesday 25

**NO BUS SERVICE**

**9:30 - PHL - Sacred Heart Christmas Service**

**Holiday Meal Hours  
Afternoon Tea Cancelled**

**4:30 - AH- Menorah Lighting  
Hanukah**

**3:00 - 901**

**Movie: White Christmas**

**7:30 - 901**

**Hanukkah Music Medley**

## Monday 30

**9:00– WH– Early Bird Exercise**

**11:00– WH– Chair Exercise A**

**11:45– WH– Chair Exercise B**

**1:00– GR– Walking Group**

**2:30 - WH - BINGO**

**3:00 - PHL - Afternoon Tea**

**4:30 - AH- Menorah Lighting  
Hanukah**

## Tuesday 31

**10:00 - AR– Creative Arts**

**1:15– WH– Standing Exercise**

**Newtown Savings Bank**

**1:30 - 3:00 PM - C Wing Hallway**

**4:30 - AH- Menorah Lighting  
Hanukah**

**New Year's Eve Dinner  
Tuesday, December 31  
5:00 to 7:00 PM - DR**

*Live Music provided by Jazz Diva  
Christine Cooney*

**Additional Information  
Will be Sent Out Soon!  
Reservations Required**



# Pomperaug Woods Bus Schedule

**Monday, Tuesday, Thursday & Friday**

<b>AM</b>	<b>PM</b>
<b>9:00</b>	<b>1:00</b>
<b>10:00</b>	<b>2:00</b>
<b>11:00</b>	<b>3:00 Last Pick-up Of Day</b>

**Wednesday**      **No Service - Reserved for Out Trips**

<p><b>Saturday</b>      <b>AM ONLY</b></p> <p>9:00 10:00 11:00</p>	<p><b>Sunday 8:30 to 12 Noon</b></p> <p>First Drive Leaves @ 8:30 For 9:00 AM Mass At Sacred Heart</p> <p>Second Drive Leaves @ 9:30 For Church Of the Epiphany</p>
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**Beauty Shop**  
*Wednesdays - Please call the front desk for appointments.*

**Newtown Savings Bank**  
Tuesday 10:00 am to **11:30** AM  
Located across from Art Room

**Cafe Hours**  
*11:00 AM—2:00 PM*

Continental Breakfast Available  
**In the Dining Room**

