

JUNE 2025



Pomperaug Woods

The Art of Living

Calendar & Highlights

Days Of the Week

Committee Meetings

2025 JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Resident Council

Monday, June 2 9:30 AM

Food Committee

Thursday, June 12 11:15 AM

Library Committee

Tuesday, June 17 10:00 AM



Out Trip

Brush Hill Gardens
Wednesday
June 25
Sign-Up Required



A LSC Company



Tuesday
June 24 2:00 PM
Wilson Hall

LIVE IN WILSON HALL



Saturday
June 7
7:00 PM
Wilson Hall



A One-Women
Show With
Poornima Kirby



Shakespeare's Queens

Saturday, June 14
2:00 PM
Wilson Hall



James Chapin is here every **Thursday** morning in the Computer Lab from 10:30 until 11:30. Residents with hand held devices who need assistance may bring them down at this time. Please make sure you have with you all important passwords to allow access.

Room Key

AH - Ace of Hearts
AR - Art Room
RS - Resident Services
CL - Computer Lab
PHL - Pine Hill Lounge
HC - Health Center
GR - Garden Room
FC - Fitness Center
FL - Front Lobby
WH - Wilson Hall
PAV - Pavilion
PDR - Private Dining Rm
DR - Dining Room

Sunday 1	Monday 2
<p><u>8:30 - 12 Noon</u> - BUS SERVICE TO MASS</p> <p><u>9:30 - PHL</u> - Sacred Heart Eucharist</p> <p><u>2:15 – FL</u> - Waterbury Symphony <i>Ticket Holders Only</i></p> <p><u>3:00 & 7:30 – 901</u> Movie: The Spirit of St. Louis</p> <p><u>3:00 - PHL</u> - Afternoon Tea</p>	<p><u>9:00– WH–</u> Early Bird Exercise</p> <p><u>9:30 - PHL</u> - Resident Council Meeting (Residents invited from 9:30 until 10:00 for comments and compliments)</p> <p><u>10:00 – CR -</u> Technology Class Andy Chapin</p> <p><u>11:00– WH–</u> Chair Exercise A</p> <p><u>11:45– WH–</u> Chair Exercise B</p> <p><u>1:00– GR–</u> Walking Group</p> <p><u>3:00 - PHL</u> - Afternoon Tea</p>
Thursday 5	Friday 6
<p><u>10:00 - AH-</u> Current Events</p> <p><u>10:30 - CL</u> - Technology Support w/ James</p> <p><u>10:30 - WH</u> - Tai Chi w/ Vinny</p> <p><u>1:00– WH–</u> Chair Zumba w/ Toni</p> <p><u>3:00 - AR</u> - Needlers</p>	<p><u>10:00 - AR</u> – Creative Arts</p> <p><u>10:00 - 12 Noon</u> - HC Beauty Salon Hearing Screenings by Hearing-Life - Sign-Up @ Front Desk</p> <p><u>11:00 - WH</u> - Standing Exercise</p> <p><u>1:15 - WH–</u> Balance Class</p> <p><u>4:15 – GR –</u> Cocktail Hour</p>

June 1-7


Tuesday 3	Wednesday 4
<p><u>9:30 - WH - Chair Yoga w/ Alisa</u></p> <p><u>10:00 - AR - Creative Arts</u></p> <p><u>1:15 - WH - Standing Exercise</u></p> <p><u>Newtown Savings Bank</u> <u>1:30 - 3:00 PM - C Wing Hallway</u></p>	<p><u>10:00 - RS - Blood Pressure Screening</u></p> <p><u>MC OUT TRIP</u></p> <p><u>11:00- WH – Chair Exercise A</u> <u>11:45- WH – Chair Exercise B</u></p> <p><u>1:15- WH – Balance Class</u></p> <p><u>2:00 & 7:30 - CH 901</u> Movie: The Italian Job</p> <p><u>2:30 - WH - Mark Albertson</u> Lecture - 80th Anniversary WWII Okinawa</p> <p><u>3:00 - PHL - Afternoon Tea</u></p>
Saturday 7	LIVE ON CNN
<p><u>Morning Bus Service</u> 9:00, 10:00 & 11:00 AM Pickups</p> <p><u>2:00 & 7:30 - CH 901</u> Movie: Jerry and Marge Go Large</p> <p><u>7:00 PM - WH - LIVE CNN</u> BROADCAST <i>“Good Night and Good Luck”</i></p>	<p>“Good Night and Good Luck” the hit Broadway play which grossed more than any other in the history of Broadway, will be broadcast LIVE from its Broadway theater on the night before it closes on Saturday, June 7th at 7 o’clock on CNN. The play written by George Clooney, has been a major hit during its limited run on Broadway.</p> <p>It details the career and CBS network news problems faced by Edward R Morrow during the 50s when he dealt with Joe McCarthy. This should be interesting and is quite a departure from CNN’s usual programming; however, in this case, the play deals with freedom of the press issues that are extremely important even today.</p> <p>So note this on your calendars for an entertaining evening.</p>

June 8-14

Sunday 8	Monday 9
<p><u>8:30 - 12 Noon</u> - BUS SERVICE TO MASS</p> <p><u>9:30 - PHL</u> - Sacred Heart Eucharist</p> <p><u>3:00 & 7:30</u> – 901 Movie: Cruella</p> <p><u>3:00 - PHL</u> - Afternoon Tea</p>	<p><u>9:00 – WH</u>– Early Bird Exercise</p> <p><u>11:00– GR</u>– Chair Exercise A</p> <p><u>11:45– GR</u>– Chair Exercise B</p> <p><u>1:00 – GR</u> – Walking Group</p> <p><u>3:00 - PHL</u> - Afternoon Tea</p>
Thursday 12	Friday 13
<p><u>9:30 - PHL</u> - Guided Meditation</p> <p><u>10:00 - AH</u> - Current Events</p> <p><u>10:30 - CL</u> - Technology Support</p> <p><u>10:30 - GR</u> - Tai Chi w/ Vinny</p> <p><u>11:15 - PDR</u> - Food Committee Meeting</p> <p><u>1:15 - WH</u> - Chair Cardio w/ Megan</p> <p><u>3:00 - PHL</u> - Chat Time Rita Frost presents <i>My Mother's Dolls</i></p>	<p><u>NO</u> Creative Arts</p> <p><u>11:00 - WH</u> - Standing Exercise</p> <p><u>1:15 – WH</u> – Balance Class</p> <p><u>3:00 - CR</u>- Jeffrey Engel Music Appreciation <i>The Barber Of Seville</i></p> <p><u>4:15 – GR</u> – Cocktail Hour</p>

Tuesday 10	Wednesday 11
<p><u>9:30 - AH-</u> Chair Yoga w/ Alisa</p> <p><u>10:00 - AR-</u> Creative Arts</p> <p><u>1:15 – GR-</u> Standing Exercise</p> <p><u>Newtown Savings Bank</u> <u>1:30 - 3:00 PM - C Wing Hallway</u></p> <p><u>7:15 - PHL - Welcoming Committee</u></p>	<p><u>10:30 - OUT TRIP - Shopping @ Ocean State/Goodwill in Seymour Lunch @ Pizzaro's</u></p> <p><u>11:00 – WH - Chair Exercise A</u></p> <p><u>11:45 – WH - Chair Exercise B</u></p> <p><u>1:15 – WH - Balance Class</u></p> <p><u>2:00 & 7:30 - CH 901</u> Movie: The Fabelmans</p> <p><u>3:00 - PHL - Afternoon Tea</u></p>
Saturday 14	
<p><u>Morning Bus Service</u> 9:00, 10:00 & 11:00 AM Pickups</p> <p><u>2:00 & 7:30 - CH 901</u> Movie: American Underdog</p> <p><u>2:00 PM - WH - LIVE ON STAGE</u> Poornima Kirby <i>Shakespeare's Queens</i> <i>See Insert</i></p>	<p>Jeffrey Engel Music Appreciation June 13 3:00 PM CR</p> <p>THE BARBER OF SEVILLE The premiere of Rossini's "Il Barbiere de Siviglia" ranks amongst the great operatic fiascos in music history. Mishaps on stage provoked laughter in the audience and a cabal organized by admirers of an opera based on the same subject by another composer led to boo's, hisses and catcalls. Rossini, who conducted the premiere, refused to return to the theatre for the next performance. Despite such an inauspicious debut, "Il Barbiere" is now considered one of the great Italian comic operas. Jeffrey Engel will detail the background history of "Il Barbiere" and play excerpts from it.</p>

June 15-21

Sunday 15	Monday 16
<p><u>8:30 - 12 Noon</u> - BUS SERVICE TO MASS</p> <p><u>9:30 - PHL</u> - Sacred Heart Eucharist</p> <p><u>3:00 & 7:30 – 901</u> Movie: Dog Day Afternoon</p> <p><u>3:00 - PHL</u> - Afternoon Tea</p> 	<p><u>9:00– WH–</u> Early Bird Exercise</p> <p><u>10:00 - CR -</u> Technology Class Andy Chapin</p> <p><u>11:00– WH–</u> Chair Exercise A</p> <p><u>11:45– WH–</u> Chair Exercise B</p> <p><u>1:00– GR–</u> Walking Group</p> <p><u>2:15 - CR -</u> Dr. Hunt <i>The Rise & Fall Of the American Family</i></p> <p><u>3:00 - PHL</u> - Afternoon Tea</p>
Thursday 19	Friday 20
<p><u>10:00 - AH-</u> Current Events</p> <p><u>10:30 - CL</u> - Technology Support w/ James</p> <p><u>10:30 - WH</u> - Tai Chi w/ Vinny</p> <p><u>1:00– WH–</u> Chair Zumba w/ Toni</p>	<p><u>10:00 - AR -</u> Creative Arts</p> <p><u>11:00 - WH -</u> Standing Exercise</p> <p><u>1:15– WH–</u> Balance Class</p> <p><u>3:30 - GR Hallway</u> Artist Exhibit Opening <i>Nancy Atkinson</i> (Lyn's Daughter)</p> <p><u>4:15 – GR –</u> Cocktail Hour</p>

Tuesday 17

9:30 - WH - Chair Yoga w/ Alisa

10:00 - AR– Creative Arts

10:00 - PHL - Library Committee

1:15– WH– Standing Exercise

Newtown Savings Bank

1:30 - 3:00 PM - C Wing Hallway

**2:30 PM - WH - REEL ROYALTY
With Mervyn Clay
*The Artist***

Wednesday 18

10:00 - RS - Blood Pressure Screening

**10:30 - OUT TRIP - Bent Of the
River Audubon Miranda's /Lunch**

11:00– WH– Chair Exercise A

11:45– WH– Chair Exercise B

1:15– WH– Balance Class

2:00 & 7:30 - CH 901

Movie: Our Friend

**2:00 - PHL - Resident Council
Meeting with Newcomers**

**3:00 - WH -Time with Christine
PW Board Member**

3:00 - PHL - Afternoon Tea

Saturday 21

Morning Bus Service

9:00, 10:00 & 11:00 AM Pickups

11:00 - WH - Chair Zumba w/ Toni

2:00 & 7:30 - CH 901

Movie: Worth




Artist Exhibit Opening

Nancy Atkinson

(Lyn's Daughter)

Friday June 20 3:30 PM

June 22-31

Sunday 22	Monday 23
<p><u>8:30 - 12 Noon</u> –BUS SERVICE TO MASS</p> <p><u>9:30 - PHL</u>- Sacred Heart Eucharist</p> <p><u>3:00 & 7:30</u> – 901 Movie: My Salinger Year</p> <p><u>3:00 - PHL</u> - Afternoon Tea</p>	<p><u>9:00– WH</u>– Early Bird Exercise</p> <p><u>11:00– WH</u>– Chair Exercise A</p> <p><u>11:45– WH</u>– Chair Exercise B</p> <p><u>1:00– GR</u>– Walking Group</p> <p><u>3:00 - PHL</u> - Afternoon Tea</p> <p><u>4:00 - Dining Room Patio</u> Summer Fun Happy Hour w/ Larry Batter <i>Bad Jokes & A Mystery Cocktail!</i></p> 
Thursday 26	Saturday 28
<p><u>9:30 - PHL</u> - Guided Meditation</p> <p><u>10:00 - AH</u>- Current Events</p> <p><u>10:30 - CL</u> - Technology Support w/ James</p> <p><u>10:30 - WH</u> - Tai Chi w/ Vinny</p> <p><u>1:15 - WH</u> - Chair Cardio w/ Megan</p> <p><u>3:00 - AR</u> - Needlers</p>	<p><u>Morning Bus Service</u> 9:00, 10:00 & 11:00 AM Pickups</p> <p><u>11:00 - AH</u> - Gathering of Readers <i>A Man Called Ove</i> by Fredrick Backman</p> <p><u>2:00 & 7:30 - CH 901</u> Movie: Critical Thinking</p>
Friday 27	Sunday 29
<p><u>10:00 - AR</u>– Creative Arts</p> <p><u>11:00 - WH</u> - Standing Exercise</p> <p><u>4:15 – GR</u> – Cocktail Hour</p>	<p><u>8:30 - 12 Noon</u> - BUS SERVICE TO MASS</p> <p><u>9:30 - PHL</u>- Sacred Heart Eucharist</p> <p><u>3:00 & 7:30</u> - 901 Movie: Live and Let Die</p> <p><u>3:00 - PHL</u> - Afternoon Tea</p>

Tuesday 24

9:30 - AH- Chair Yoga w/ Alisa

10:00 - AR- Creative Arts

1:15- WH- Standing Exercise

Newtown Savings Bank

1:30 - 3:00 PM - C Wing Hall-
way

2:00 - WH - Shawn Perrigo

From LCS presents

Life Care Services & What They Do

Wednesday 25

10:15 - OUT TRIP - Brush Hill
Gardens ~ Washington CT
Lunch On Site \$18.00

11:00- WH- Chair Exercise A

11:45- WH- Chair Exercise B

1:15- WH- Balance Class

3:00 - 901

Movie: Britten: Death in Venice

Monday 30

9:00- WH- Early Bird Exercise

11:00- WH- Chair Exercise A

11:45- WH- Chair Exercise B

1:00- GR- Walking Group

2:30 - WH - BINGO

3:00 - PHL - Afternoon Tea

New Books for the Library

Twist--Colum McCann

The Emperor of Gladness--Ocean Vuong

I Seek a Kind Person--Julian Borger

Audition--Katie Kitamura

The Heart in Winter--Kevin Barry

Small Things Like These--Claire Keegan

Class Clown--Dave Barry

Marble Hall Murders--Anthony Horowitz





Pomperaug Woods Bus Schedule

Monday, Tuesday, Thursday & Friday

AM	PM
9:00	1:00
10:00	2:00
11:00	3:00 Last Pick-up Of Day

Wednesday No Service - Reserved for Out Trips

Saturday AM ONLY
9:00
10:00
11:00

Sunday 8:30 to 12 Noon
First Drive Leaves @ 9:00 For
9:30AM Mass At Sacred Heart
Second Drive Leaves @ 9:30 For
Church Of the Epiphany

Beauty Shop

*Wednesdays - Please call the
front desk for appointments.*

Newtown Savings Bank

Tuesday 10:00 am to **11:30** AM
Located across from Art Room

Cafe Hours

11:00 AM—2:00 PM

Continental Breakfast Available
In the Dining Room

80 Heritage Rd. Southbury, CT 06488 (203) 262-6555

