

# December 2025



## Pomperaug Woods Calendar & Highlights

*The Art of Living*

# December 1-6

## Days Of the Week At A Glance

### DECEMBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	Christmas		

## Monday 1

**9:00 - WH - Early Bird Exercise**

**9:30 - CR - Resident Council Meeting (Residents invited from 9:30 until 10:00 for comments and compliments)**

**11:00 - WH - Chair Exercise A**

**11:45 - WH - Chair Exercise B**

**1:15 - GR - Walking Warriors**

**2:00 - WH - Rebecca Donohue**

**The Web They Wove**

**Women & Their Wardrobes during New England's Revolution.**

**3:00 - PHL - Afternoon Tea**

## Thursday 4

**9:30 - PHL - Guided Meditation**

**10:00 - AH - Current Events**

**10:30 - CL - Technology Support**

**10:30 - WH - Tai Chi w/ Vinny**

**1:00 - WH - Chair Zumba w/ Toni**

## Friday 5

**10:00 - AR - Creative Arts**

**11:00 - WH - Standing Exercise**

**1:15 - WH - Balance Class**

**3:00 - CR - Jeffrey Engel  
Music Appreciation**

**4:15 - GR - Cocktail Hour**

## Tuesday 2

9:30 - WH - Chair Yoga w/ Alisa

10:00 - AR - Creative Arts

Newtown Savings Bank

10:00 - 11:00 AM - C Wing Hallway

1:15 - GR - Standing Exercise

2:15 - WH - Happy Tappers

## Wednesday 3

10:00 - RS - Blood Pressure Screening

10:30 - Out Trip - West Farm's Mall  
Independent Lunch

11:00 - WH - Chair Exercise A

11:45 - WH - Chair Exercise B

1:15 - WH - Balance Class

2:00 & 7:30 - CH 901 Movie:  
Truman Capote's One Christmas

3:00 - PHL - Afternoon Tea

## Saturday 6

Morning Bus Service

9:00, 10:00 & 11:00 AM Pickups

11:00 - WH - Chair Zumba w/ Toni

2:00 & 7:30 - CH 901

Movie: Gentlemen Prefer Blondes

## Committee Meetings

**Resident Council**

**Monday, December 1**

**9:30 AM Pine Hill Lounge**

**Food Committee**

**Thursday, December 11**

**11:15 AM PDR**

**Library Committee**

**Tuesday, December 16**

**10:00 AM Conference Room**

# December 7-13

Sunday 7	Monday 8
<p><u>9:30 - 12 Noon - BUS SERVICE TO MASS</u></p> <p><u>9:30 - HC - Sacred Heart Eucharist</u></p> <p><u>2:15 - FL - Waterbury Symphony</u> <i>Ticket Holders Only</i></p> <p><u>3:00 &amp; 7:30 - 901</u> Movie: A Man Called Otto</p> <p><u>3:00 - PHL - Afternoon Tea</u></p>	<p><u>9:00 - WH - Early Bird Exercise</u></p> <p><u>11:00 - GR - Chair Exercise A</u></p> <p><u>11:45 - GR - Chair Exercise B</u></p> <p><u>1:15 - GR - Walking Warriors</u></p> <p><u>3:00 - PHL - Afternoon Tea</u></p> <p><u>7:15 - GR - Tree Lighting Party with Larry Batter</u> <b>New Residents are invited to bring an ornament to hang on the tree.</b></p>
Thursday 11	Friday 12
<p><u>10:00 - AH - Current Events</u></p> <p><u>10:30 - GR - Tai Chi w/ Vinny</u></p> <p><u>10:30 - CL - Technology Support w/ James</u></p> <p><u>11:15 - PDR - Food Committee Meeting</u></p> <p><u>1:00 - GR - Chair Zumba w/ Toni</u></p>	<p>Creative Arts cancelled</p> <p><b>No Standing Exercise</b> <b>No Balance Class</b></p> <p><u>3:00 - CR - Jeffrey Engel</u> Music Appreciation</p> <p><u>4:15 - GR - Cocktail Hour</u></p>

## Tuesday 9

9:30 - WH - Chair Yoga w/ Alisa

10:00 - AR - Creative Arts

Newtown Savings Bank

10:00 - 11:00 AM - C Wing Hallway

1:15 - WH - Standing Exercise

2:30 PM - WH - REEL ROYALTY

*With Mervyn Clay*

*Holiday Affair 1949*

cc

## Wednesday 10

10:00 - Shopping@ Marshall's  
Lunch @ Uncommom Grill

11:00 - GR - Chair Exercise A

11:45 - GR - Chair Exercise B

1:15 - GR - Balance Class

2:00 & 7:30 - CH 901 Movie:  
Christmas In Yellowstone

3:00 - PHL - Afternoon Tea

## Saturday 13

Morning Bus Service

9:00, 10:00 & 11:00 AM Pickups

11:00 - WH - Chair Zumba w/ Toni

2:00 & 7:30 - CH 901

Movie: The Nutcracker

# REEL ROYALTY

*with Mervyn Clay*



*Holiday Affair  
(1949)*

A little-known  
Holiday gem --  
this touching  
comedy  
is appealing,  
light-hearted, and  
fun!

cc

**Tuesday, December 9  
2:30 PM - Wilson Hall**

# December 14-20

## Sunday 14

9:30 - 12 Noon - BUS SERVICE TO MASS

9:30 - HC - Sacred Heart Eucharist

3:00 & 7:30 – 901

Movie: Victor/Victoria

3:00 - PHL - Afternoon Tea

4:30 - AH- Menorah Lighting Hanukah



## Monday 15

9:00 - GR- Early Bird Exercise

10:00 - CR - Tech Topics with Andy Chapin - *AI Today*

11:00 - GR - Chair Exercise A

11:45 - GR – Chair Exercise B

1:15 - GR – Walking Warriors

2:15 - WH - Professor Alfred Hunt  
**Topic: TBD**

3:00 - PHL - Afternoon Tea

4:30 - AH- Menorah Lighting Hanukah

## Thursday 18

9:30 - PHL – Guided Meditation

10:00 - AH - Current Events

10:30 - CL - Technology Support w/ James

10:30 - WH- Tai Chi w/ Vinny

1:15 - WH - Barre Fitness

3:00 - GR - Judith Handler & Mark Levesque: Joy To the World

4:30 - AH- Menorah Lighting Hanukah

## Friday 19

10:00 - AR– Creative Arts

11:00 - WH - Standing Exercise

1:15 - WH - Balance Class

2:30 - WH - Mark Albertson Lecture  
Topic: The Great One  
Jackie Gleason

4:15 - GR - Cocktail Hour  
Ace Of Hearts Folks Go to Billiards Room

4:30 - AH- Menorah Lighting Hanukah

## Tuesday 16

**9:30 - Chair Yoga w/ Alisa**

**10:00 - AR - Creative Arts**

**10:00 - CR - Library Committee**

**Newtown Savings Bank**

**10:00 - 11:00 AM - C Wing Hallway**

**Standing Exercise Cancelled**

**4:30 - AH- Menorah Lighting  
Hanukah**

## Wednesday 17

**10:00 - RS - Blood Pressure Screening**

**10:30 - OUT TRIP - Aldrich Museum  
Seniors Only Tour - Lunch @ 850 Degrees  
Beforehand**

**11:00 - WH - Chair Exercise A**

**11:45 - WH- Chair Exercise B**

**12 Noon - 4:00 PM - Holiday Boutique  
*In the Garden Room***

**1:15 - WH - Balance Class**

**2:00 & 7:30 - CH 901**

**Movie: The Alamo**

**2:00 - PHL - Resident Council Meeting with  
Newcomers**

**3:00 - WH - Time With Christine  
PW Board Member**

**3:00 - PHL - Afternoon Tea**

**4:30 - AH- Menorah Lighting  
Hanukah**

## Saturday 20

**Morning Bus Service**

**9:00, 10:00 & 11:00 AM Pickups**

**2:00 & 7:30 - CH 901**

**Movie: Caddyshack**

**4:30 - AH- Menorah Lighting  
Hanukah**



**Holiday Grab Bag Extravaganza**

**Bring a new \$5 wrapped gift and  
get ready to laugh!!!**

**Monday  
December 22  
2:00 pm WH**

# December 21-27

<b>Sunday 21</b>	<b>Monday 22</b>
<p><b><u>9:30 - 12 Noon</u> –BUS SERVICE TO MASS</b></p> <p><b><u>9:30 - HC</u> - Sacred Heart Eucharist</b></p> <p><b><u>3:00 &amp; 7:30</u> – 901 - Movie: Anything Goes</b></p> <p><b><u>3:00 - PHL</u> - Afternoon Tea</b></p> <p><b><u>4:30 - AH</u>- Menorah Lighting Hanukah</b></p>	<p><b><u>9:00 - WH</u> - Early Bird Exercise</b></p> <p><b><u>11:00 - WH</u> - Chair Exercise A</b></p> <p><b><u>11:45 - WH</u> – Chair Exercise B</b></p> <p><b><u>1:15 - GR</u> – Walking Warriors</b></p> <p><b><u>2:00 - GR</u> – Holiday Grab Bag</b></p> <p><b><u>3:00 - PHL</u> - Afternoon Tea</b></p> <p><b><u>4:30 - AH</u>- Menorah Lighting Hanukah</b></p>
<b>Thursday 25</b>	<b>Friday 26</b>
<p><b>NO BUS SERVICE</b></p> <p><b><u>9:30 - HC</u>- Sacred Heart Christmas Service</b></p> <p><b>Holiday Meal Hours Afternoon Tea Cancelled</b></p> <p><b><u>3:00 - 901</u> Movie: White Christmas</b></p> <p><i>Merry Christmas</i></p>	<p><b>Creative Arts Cancelled</b></p> <p><b>No Standing Exercise</b> <b>No Balance Class</b></p> <p><b><u>4:15 - GR</u> - Cocktail Hour</b></p>



## Tuesday 23

**No Chair Yoga**

**10:00 - AR** - Creative Arts

**Newtown Savings Bank**

**10:00 - 11:00 AM - C Wing Hallway**

**1:15 - WH** - Standing Exercise

**2:00 - GR** - Richard Donohue  
Cantica Nativitatis

## Wednesday 24

**11:00 - WH** - Chair Exercise A

**11:45 - WH** - Chair Exercise B

**1:15 - WH** - Balance Class

**2:00 & 7:30 - CH 901**

**Movie: Wonka**

**3:00 - PHL** - Afternoon Tea

## Saturday 27

**Morning Bus Service**

9:00, 10:00 & 11:00 AM Pickups

**11:00 - AH** - Gathering of Readers

*Mrs. Bridge*  
*By Evan Connell*

**2:00 & 7:30 - CH 901**

**Movie: The Bad Guys (animation)**

## Cantica Nativitatis

*1000 Years of Christmas Music*

*Richard Franklin Donohue, Tenor*

No tradition has yielded a greater collection of music than that of Christmas. Historian and Musician Richard Franklin Donohue will explore this extraordinary repertoire from the 10th through 19th centuries in a program hailed as "A beautiful blend of familiar and unfamiliar selections evoking many different times and places." Hear carols presented in their original languages of Basque, German, Latin, Middle English, French, and Modern English - sung a cappella and with harpsichord accompaniment.

Tuesday December 23  
2:00 PM - Garden Room

# December 28-31

## Sunday 28

**9:30 - 12 Noon - BUS SERVICE TO MASS**

**9:30 - HC - Sacred Heart Eucharist**

**3:00 & 7:30 – 901  
Movie: The Outlaw Josey Wales**

**3:00 - PHL - Afternoon Tea**

## Monday 29

**9:00 - WH - Early Bird Exercise**

**10:00 - CR- Tech Topics with Andy Chapin - *AI Today***

**11:00 - WH - Chair Exercise A**

**11:45 - WH – Chair Exercise B**

**1:15 - GR – Walking Warriors**

**3:00 - PHL - Afternoon Tea**

**Music Appreciation  
With Jeffrey Engel  
December 5 & 12 - 3:00 PM - CR**

### ANDREA CHENIER

Umberto Giordano(1867-1948) was a less well-known figure in the ‘Giovane Scuola,’ the generation of Italian composers born after the mid-nineteenth century which also included Mascagni, Leoncavallo and Puccini. “Andrea Chenier,” Giordano’s most popular and successful opera, is based on the last days of this eighteenth century poet who was guillotined during the French Revolution. Today, the opera continues to be performed on stages throughout the world. Jeffrey Engel will play excerpts from the opera and detail the lives of Giordano and Chenier.

## Room Key

AH - Ace of Hearts  
AR - Art Room  
RS - Resident Services  
CL - Computer Lab  
PHL - Pine Hill Lounge  
HC - Health Center  
GR - Garden Room  
FC - Fitness Center  
FL - Front Lobby  
WH - Wilson Hall  
PDR - Private Dining Rm  
DR - Dining Room  
PAV - Outdoor Pavilion ( Doors opposite Garden Room)

## Tuesday 30

**No Chair Yoga**

10:00 - AR – Creative Arts

1:15 - WH - Standing Exercise

Newtown Savings Bank

10:00 - 11:00 AM - C Wing Hallway

2:30 - WH - Bingo

## Wednesday 31

11:00 - WH - Chair Exercise A

11:45 - WH – Chair Exercise B

1:15 - WH– Standing Exercise

**New Year's Eve Dinner**

**Tuesday, December 31**

**5:00 to 7:00 PM - DR**

*Live Music provided by*

*Harpist Grace Cloutier*

**Additional Information  
Will be Sent Out Soon!  
Reservations Required**

## Thursday - January 1

**NO BUS SERVICE**

**Holiday Meal Hours  
Afternoon Tea Cancelled**

3:00 & 7:30 - 901

**Movie: Tony Bennett  
An American Classic**



Please make sure to check the calendar daily for room changes. Card players make sure the rooms are available.

Please check Channel 901 for transportation during inclement weather.

# Pomperaug Woods Bus Schedule

<b>Monday</b>	<b>AM</b> 9:00 10:00 11:00	<b>PM</b> 1:00 2:00 3:00 Last Pick-up
<b>Tuesday</b>	<b>AM</b> 9:00 10:00 11:00	<b>PM</b> 1:00 2:00 3:00 Last Pick-up
<b>Wednesday</b>	<b>No Service - Reserved for Out Trips</b>	
<b>Thursday</b>	<b>AM</b> 9:00 10:00 11:00	<b>PM</b> 1:00 2:00 3:00 Last Pick-up
<b>Friday</b>	<b>AM</b> 9:00 10:00 11:00	<b>**The LAST Pick-Up On Fridays will be 11:00 A.M. Bus Service Ends @ 1:00 PM For The Day.</b>
<b>Saturday</b>	<b>AM ONLY</b>  9:00 10:00 11:00	<b>Sunday AM ONLY</b>  First Drive Leaves @ 9:30 For Mass At Church Of the Epiphany St. Teresa's and UCC Please see Lisa For Additional Info

80 Heritage Rd. Southbury, CT 06488 (203) 262-6555

