

June 2026



Painting by Resident Jean Burnham

Pomperaug Woods Calendar & Highlights

The Art of Living

June 1-6

Days Of the Week

Monday 1

June 2026

SUN	MON	TUE	WED	THU	FRI	SAT

9:30 - PHL - Resident Council Meeting (Residents invited from 9:30 until 10:00 for comments and compliments)

10:00 - CR - Tech Topics with Andy Chapin

11:00 - WH - Chair Exercise

3:00 - PHL - Afternoon Tea

Thursday 4

Friday 5

10:00 - AH - Current Events

10:30 - CL - Technology Support

10:30 - WH - Tai Chi w/ Vinny

10:00 - AR - Creative Arts

11:00 - WH - Standing Exercise

**2:30 - WH - Mark Albertson Lecture
Topic: The Federal Reserve**

4:15 - GR - Cocktail Hour

Tuesday 2

9:30 - WH - Chair Yoga w/ Alisa

10:00 - AR - Creative Arts

Newtown Savings Bank

10:00 - 11:00 AM - F Wing Hallway

1:15 - GR - Chair Exercise

Wednesday 3

10:00 - RS - Blood Pressure Screening

4:00PM - Out Trip - Goodspeed Theater : *Jesus Christ Super Star* (Ticket Holders Only)

11:00 - WH - Chair Exercise

2:00 & 7:30 - CH 901 Movie: The Grapes Of Wrath

3:00 - PHL - Afternoon Tea

Saturday 6

Morning Bus Service

9:00, 10:00 & 11:00 AM Pickups

1:00 - GR - Poker

2:00 & 7:30 - CH 901

Movie: Thelma

Committee Meetings

Resident Council

Monday, June 1

9:30 AM Pine Hill Lounge

Welcoming Committee

Monday, June 8

1:00 PM PDR

Library Committee

Tuesday, June 9

10:00 AM PDR

Food Committee

Thursday, June 11

1:00 PM Conference Room C

June 7-13

Sunday 7	Monday 8
<p><u>9:30 - 12 Noon</u> - BUS SERVICE TO MASS</p> <p><u>9:30 - PHL</u> - Sacred Heart Eucharist</p> <p><u>10:30 - GR</u> - Banai Israel Community Outreach: Song & Violin</p> <p><u>3:00 & 7:30</u> - 901 Movie: You Were Never Lovelier</p> <p><u>3:00 - PHL</u> - Afternoon Tea</p>	<p><u>11:00 - GR</u> - Chair Exercise</p> <p><u>1:00 - PDR</u> - Welcoming Committee</p> <p><u>2:15 - CR</u> - Professor Alfred Hunt Topic: Supreme Court</p> <p><u>3:00 - PHL</u> - Afternoon Tea</p>
Thursday 11	Friday 12
<p><u>9:30 - PHL</u> - Guided Meditation</p> <p><u>10:00 - AH</u> - Current Events</p> <p><u>10:30 - GR</u> - Tai Chi w/ Vinny</p> <p><u>10:30 - CL</u> - Technology Support w/ James</p> <p><u>1:00 - CR C</u> - Food Committee Meeting</p> <p><u>3:00 - WH</u> - Bingo</p>	<p><u>10:00 - AR</u> - Creative Arts</p> <p><u>11:00 - WH</u> - Standing Exercise</p> <p><u>4:15 - GR</u> - Cocktail Hour</p>

Tuesday 9

9:30 - WH - Chair Yoga w/ Alisa

10:00 - AR - Creative Arts

10:00 - PDR - Library Committee

Newtown Savings Bank

10:00 - 11:00 AM - F Wing Hallway

1:15 - WH - Chair Exercise

**All Card Players To Pine Hill
Lounge & Garden Room**

Wednesday 10

10:00 - FL - Flanders Nature
Center/ Natalie Van Vleck Art-
work w/ docent: \$10:00

Lunch: TBD

11:00 - GR- Chair Exercise

1:15 - GR - Walking Warriors

2:00 & 7:30 - CH 901 Movie: Vicky
Christina Barcelona

3:00 - PHL - Afternoon Tea

Saturday 13

Morning Bus Service

9:00, 10:00 & 11:00 AM Pickups

1:00 - GR - Poker

2:00 & 7:30 - CH 901

Movie: About Time

3:15 - FL - Waterbury Symphony
Ticket Holders Only



Natalie Van Vleck was an American visual artist and the founder of **Flanders Nature Center & Land Trust**. She is considered among the earliest women modernist visual artists working in a cubist style.

OUT TRIP - June 10

June 14-20

Sunday 14	Monday 15
<p><u>9:30 - 12 Noon</u> - BUS SERVICE TO MASS</p> <p><u>9:30 - PHL</u> - Sacred Heart Eucharist</p> <p><u>3:00 & 7:30 - 901</u> Movie: The Horse Whisperer</p> <p><u>3:00 - PHL</u> - Afternoon Tea Cancelled</p> <p><u>3:00 - Outdoor Pavillion</u> Concert: Chip Zellner & 17 Piece Orchestra Celebrating Flag Day/250th!!</p>	<p><u>11:00 - WH</u> - Chair Exercise</p> <p><u>2:00 - WH</u> - Whiskers Pet Rescue <i>It's All About The Cats</i></p> <p><u>3:00 - PHL</u> - Afternoon Tea</p>
Thursday 18	Friday 19
<p><u>10:00 - AH</u> - Current Events</p> <p><u>10:30 - CL</u> - Technology Support w/ James</p> <p><u>10:30 - WH</u> - Tai Chi w/ Vinny</p> <p><u>3:00 - WH</u> - One Strange Rock <i>Episode III - Shield</i></p>	<p><u>10:00 - AR</u> - Creative Arts</p> <p><u>11:00 - WH</u> - Standing Exercise</p> <p><u>4:15 - GR</u> - Cocktail Hour</p>

Tuesday 16

9:30 - Chair Yoga w/ Alisa

10:00 - AR - Creative Arts

Newtown Savings Bank

10:00 - 11:00 AM - F Wing Hallway

1:15 - WH - Chair Exercise

2:30 PM - WH - REEL ROYALTY

With Mervyn Clay

Design For Living 1933 (cc)

Wednesday 17

10:00 - RS - Blood Pressure Screening

10:30 - OUT TRIP - Let's Go To the Movies/Posted Thursday, June 11 At the Front Desk

11:00 - WH - Chair Exercise

1:15 - GR - Walking Warriors

2:00 & 7:30 - CH 901

Movie: The Apartment

2:00 - PHL - Resident Council Meeting with Newcomers

3:00 - PHL - Afternoon Tea

Saturday 20

Morning Bus Service

9:00, 10:00 & 11:00 AM Pickups

1:00 - GR - Poker

2:00 & 7:30 - CH 901

Movie: Finding Forrester

REEL ROYALTY
with Mervyn Clay



Design for Living (1933)

A bright, naughtily sophisticated pre-Code comedy with an all-star cast that contributes plenty of fun and sexy sparkle. (cc) cc

Tuesday, June 16
2:30 PM - Wilson Hall

June 21-27

Sunday 21	Monday 22
<p><u>9:30 - 12 Noon</u> –BUS SERVICE TO MASS</p> <p><u>9:30 - PHL</u>- Sacred Heart Eucharist</p> <p><u>3:00 & 7:30 – 901</u> - Movie: The Replacements</p> <p><u>3:00 - PHL</u> - Afternoon Tea</p>	<p><u>10:00 - CR</u> - Tech Topics with Andy Chapin - <i>AI Today</i></p> <p><u>11:00 - WH</u> - Chair Exercise</p> <p><u>3:00 - PHL</u> - Afternoon Tea</p>
Thursday 25	Friday 26
<p><u>9:30 – PHL</u> – Guided Meditation</p> <p><u>10:00 - AH</u> - Current Events</p> <p><u>10:30 - CL</u> - Technology Support</p> <p><u>10:30 - WH</u> - Tai Chi w/ Vinny</p>	<p>Creative Arts Cancelled</p> <p><u>10:30 - WH</u> – Resident Meeting All are invited to attend.</p> <p><u>1:15 - WH</u> - Standing Exercise</p> <p><u>4:15 - GR</u> - Cocktail Hour</p>

Tuesday 23

9:30 - Chair Yoga w/ Alisa

10:00 - AR- Creative Arts

Newtown Savings Bank

10:00 - 11:00 AM - F Wing Hallway

1:15 - WH - Chair Exercise

2:30 - WH - Health Center Q&A Session

7:15 - WH - Musician Larry Batter With the Band The Eclecticics

Wednesday 24

OUT TRIP - Memory Care

11:00 - WH - Chair Exercise

1:15 - GR - Walking Warriors w/ Bonnie

2:00 & 7:30 - CH 901

Movie: Cast Away

3:00 - PHL - Afternoon Tea

3:00 - WH - Georgia O'Keeffe: *The Brightness of Light: Documentary About the Life and Art Of An American Icon*

Saturday 27

Morning Bus Service

9:00, 10:00 & 11:00 AM Pickups

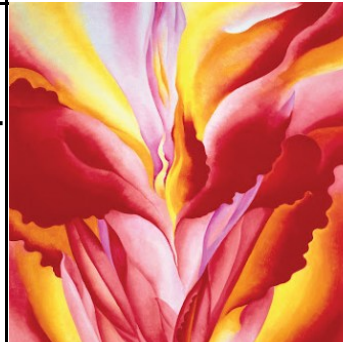
11:00 - AH - Gathering of Readers

If I Forget You By Thomas C. Greene

1:00 - GR - Poker

2:00 & 7:30 - CH 901

Movie: Iris



Wednesday

June 24

3:00 PM

Wilson Hall



Georgia O'Keeffe

THE BRIGHTNESS OF LIGHT

June 28-30

Sunday 28

9:30 - 12 Noon - **BUS SERVICE TO MASS**

9:30 - PHL - Sacred Heart
Eucharist

3:00 & 7:30 - 901

Movie: Adele

Live At the Royal Albert Hall

3:00 - PHL - Afternoon Tea

Monday 29

11:00 - WH - Chair Exercise

3:00 - PHL - Afternoon Tea



*Tuesday Evenings
July 21 ~ August 18 ~ September 15*

*Hot Dogs, Chips
& Beverages
Served*



Tuesday 30

Chair Yoga Cancelled

10:00 - AR – Creative Arts

1:15 - WH - Chair

Newtown Savings Bank

10:00 - 11:00 AM - F Wing Hallway

2:30 - WH - Bingo

Room Key

AH - Ace of Hearts

AR - Art Room

RS - Resident Services

CL - Computer Lab

PHL - Pine Hill Lounge

HC - Health Center

GR - Garden Room

FC - Fitness Center

FL - Front Lobby

WH - Wilson Hall

PDR - Private Dining Rm

DR - Dining Room

PAV - Outdoor Pavilion (Doors
opposite Garden Room)

UPCOMING OUT TRIPS



Wednesday, July 29
Please Sign-Up with Bonnie Early

Deadline Is June 12

ALL INVITED



Resident Meeting
Friday, June 26
10:30 AM

*Beginning In June, Resident Meetings
Will Occur Every Month*

Pomperaug Woods Bus Schedule

Monday	AM 9:00 10:00 11:00	PM 1:00 2:00 3:00 Last Pick-up
Tuesday	AM 9:00 10:00 11:00	PM 1:00 2:00 3:00 Last Pick-up
Wednesday	No Service - Reserved for Out Trips	
Thursday	AM 9:00 10:00 11:00	PM 1:00 2:00 3:00 Last Pick-up
Friday	AM 9:00 10:00 11:00	**The LAST Pick-Up On Fridays will be 11:00 A.M. Bus Service Ends @ 1:00 PM For The Day.
Saturday	AM ONLY 9:00 10:00 11:00	Sunday AM ONLY First Drive Leaves @ 9:30 For Mass At Church Of the Epiphany St. Teresa's and UCC Please see Lisa For Additional Info

80 Heritage Rd. Southbury, CT 06488 (203) 262-6555

