NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30 - 12 Noon - BUS SERVICE TO MASS 9:30 - HC- Sacred Heart Eucharist 3:00 & 7:30 – 901 Movie: For Whom the Bell Tolls	2 9:30 AM - AH – Resident Council 11:00 - WH - Chair Exercise 1:15 - WH - Chair Exercise 2:00 - GR - Walking Group 3:00 - PHL - Afternoon Tea 7:15 - GR - Cabaret *with* Larry Batter	3 ELECTION DAY 9:30 - WH- Chair Yoga w/ Alisa 10:00 - AR– Creative Arts Newtown Savings Bank 10:00 - 11:00 AM - F Wing Hallway 1:15 - WH – Standing Exercise	4 9:00 - WH - Morning Circuits 10:00 - RS - Blood Pressure Screening 10:00 - OUT TRIP - Yale Art Gallery/*Print Catalyst @ 30* 11:00 - WH - Chair Exercise Balance Class Cancelled 2:00 & 7:30 - CH 901 Movie: My Week with Marilyn 3:00 - PHL - Afternoon Tea	5 10:00 - AH - Current Events 10:30 - CR- Technology Support w/ James 10:30 - WH- Tai Chi w/ Vinny 1:15 - WH - Chair Cardio w/ Toni 3:00 - WH - Bingo	6 10:00 – AR – Creative Arts 11:00 - WH - Standing Exercise 1:15 - WH - Balance Class 2:30 – WH – Mark Albertson: Mr. Television, Milton Berle. 3:30 - GR – Chris Coulter Performs for *National Saxophone Day* 4:15 - GR - Cocktail Hour	7 Morning Bus Service 9:00, 10:00 & 11:00 AM Pickups 1:00 - GR Poker 2:00 & 7:30 - CH 901 Movie: Chaplin
8 9:30 - 12 Noon –BUS SERVICE TO MASS 9:30 - HC- Sacred Heart Eucharist 3:00 & 7:30 - 901 Movie: Rear Window 3:00 - WH – Concert Heather Pierson Trio	9 10:00 - CR - Technology Class with Andy Chapin 11:00 - GR - Chair Exercise 1:00 - PDR - Welcoming Committee 1:15 - GR - Chair Exercise 2:00 - GR - Walking Group 2:15 - CR - Professor Alfred Hunt Topic: TBD 3:00 - PHL - Afternoon Tea TURKEY TROT STARTS! BALLOT PICKUP/GARDEN ROOM - 11:00 – 4:00	10 9:30 - WH- Chair Yoga w/ Alisa 10:00 - AR – Creative Arts Newtown Savings Bank 10:00 - 11:00 AM - F Wing Hallway 1:15 - WH - Standing Exercise 2:30 – WH -Training w/ Chef Eric: emenuCHOICE BALLOT PICKUP/GARDEN ROOM - 11:00 – 4:00	11 Veteran's Day Holiday Meal Hours No Exercise Classes 2:00 & 7:30 - CH 901 Movie: Lawrence Of Arabia Afternoon Tea Cancelled BALLOT RETURN – Front Desk Receptionist	12 9:30 - PHL – Guided Meditation 10:00 - AH - Current Events 10:30 - CR- Technology Support w/ James 10:30 - WH - Tai Chi w/ Vinny 1:00 – CR – Food Committee 1:15 - WH - Chair Cardio w/ Toni 2:30 – WH -Training w/ Chef Eric: emenuCHOICE BALLOT RETURN – Front Desk Receptionist	13 10:00 - AR– Creative Arts 11:00 - WH - Standing Exercise 1:15 - WH - Balance Class 4:15 - GR - Cocktail Hour BALLOT RETURN – Front Desk Receptionist – ENDS @ 1:00 PM	14 Morning Bus Service 9:00, 10:00 & 11:00 AM Pickups 1:00 - GR - Poker 2:00 & 7:30 - CH 901 Movie: On the Waterfront 3:00 - WH - Cellist Thirzah Bendokas Resident Council Results Posted

Seabury at POMPERAUG WOODS

COMMITTEE DATES

Resident Council
Monday, November 2
9:30 AM - AH
Residents Invited
Resident Council in PDR @ 10:00AM

Welcoming Committee
Monday, November 9
1:00 PM PDR

Food Committee
Thursday, November 12
1:00 PM CR – C

Library Committee
Tuesday, November 17
10:00 AM PDR

Resident Meeting
Friday, December 4

REEL ROYALTY
With Mervyn Clay



Red Dust
Because it's pre-code, it's extra fun and naughty! There's great chemistry between Harlow and Gable -- an exotic, erotic, romantic and adventurous story. (cc)

Tuesday, November 17
2:30 PM - Wilson Hall
"Films Too Good to be Forgotten""



New Books for the Library

Our Noble Selves--Kate Atkinson
The Rush--Nathaniel Philbrick
Redwood--Ben MacIntyre
Peck and Peck--Bonnie Garmus
Hollow Bones--Jodie Picoult
Pirate Queen--Ariel Lawhon



Extra Driver Provided @ 9, 10 & 11 Pickups Front Lobby
Voting @ Southbury Library

Room Key
AH - Ace of Hearts
AR - Art Room
BR - Billard Rm - Computer
RS - Resident Services
PHL - Pine Hill Lounge
HC - Health Center
GR - Garden Room
FC - Fitness Center
FL - Front Lobby
WH - Wilson Hall
PAV - Pavilion
PDR - Private Dining Rm
DR - Dining Room
CR - Conference Room

NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
15 9:30 - 12 Noon - BUS SERVICE TO MASS 9:30 - HC- Sacred Heart Eucharist 3:00 & 7:30 - 901 Movie: The Godfather 3:00 - FL - Waterbury Symphony/Litchfield *Ticket Holders Only*	16 11:00 - WH – Chair Exercise 1:15 - WH - Chair Exercise 2:00 - GR - Walking Group 2:30 - WH - Movie Matinee *9 to 5* 3:00 - PHL - Afternoon Tea	17 9:30 - WH- Chair Yoga w/ Alisa 10:00 – AR – Creative Arts 10:00 - PDR - Library Committee Newtown Savings Bank 10:00 - 11:00 AM - F Wing Hallway 1:15 - WH - Standing Exercise 2:30 - WH - Reel Royalty With Mervyn Clay *Red Dust*	18 9:00 - WH – Morning Circuits 10:00 - RS - Blood Pressure Screening 10:30 - OUT TRIP - Shopping @ Target/Lunch TBD 11:00 - WH - Chair Exercise 1:15 - WH - Balance Class 2:00 & 7:30 - CH 901 Movie: Blazing Saddles 3:00 - PHL - Afternoon Tea	19 9:30 - PHL - Guided Meditation 10:00 - AH - Current Events 10:30 - CR- Technology Support w/ James 10:30 - WH- Tai Chi w/ Vinny 1:15 - WH - Chair Cardio w/ Toni 3:00 - AR - Needlers Discussion: *Future Projects*	20 10:00 - AR - Creative Arts 11:00 - WH - Standing Exercise 1:15 - WH - Balance Class 4:15 - GR - Cocktail Hour	21 Morning Bus Service 9:00, 10:00 & 11:00 AM Pickups 1:00 - GR Poker 2:00 & 7:30 - CH 901 Movie: All the President's Men
22 9:30 - 12 Noon - BUS SERVICE TO MASS 9:30 - HC- Sacred Heart Eucharist 3:00 & 7:30 - 901 Movie: Murder on the Orient Express	23 10:00 - CR - Technology Class with Andy Chapin *Bring Your Questions!* 11:00 - WH - Chair Exercise 1:15 - WH - Chair Exercise 2:00 - GR - Walking Group 3:00 - PHL - Afternoon Tea TURKEY TROT ENDS!	24 No Chair Yoga 10:00 - AR – Creative Arts Newtown Savings Bank 10:00 - 11:00 AM - F Wing Hallway 11:00 - GR – Turkey Trot Winner Announced! 1:15 - WH - Standing Exercise 3:00 - WH - Bingo	25 9:00 - WH - Morning Circuits 11:00 - WH - Chair Exercise 1:15 - WH - Balance Class 2:00 & 7:30 - CH 901 Movie: Romeo and Juliet 3:00 - PHL - Afternoon Tea	26 **NO Bus Service** **Holiday Meal Hours**  	27 Creative Arts Cancelled Standing Exercise Cancelled Balance Class Cancelled 4:15 - GR - Cocktail Hour	28 Morning Bus Service 9:00, 10:00 & 11:00 AM Pickups 1:00 - GR - Poker 2:00 & 7:30 - CH 901 Movie: Patton
29 9:30 - 12 Noon - BUS SERVICE TO MASS 9:30 - HC- Sacred Heart Eucharist 3:00 & 7:30 - 901 Movie: Citizen Kane	30 11:00 - WH – Chair Exercise 1:15 - WH - Chair Exercise 2:00 - GR - Walking Group 3:00 - PHL - Afternoon Tea	 **Heather Pierson Trio** **Sunday, Nov. 8** **3:00 PM WH**	 **Monday, November 16** **2:30 PM Wilson Hall** ***Popcorn & Soda Served***	**Thanksgiving Day** ***Dining*** 11:00 - 2:00 Please make reservations early. No parties larger than 6.	 NEEDLERS *Fiber Group* Thursday, November 19 3:00 PM Art Room	 No Resident Meeting in November Next Meeting December 4